

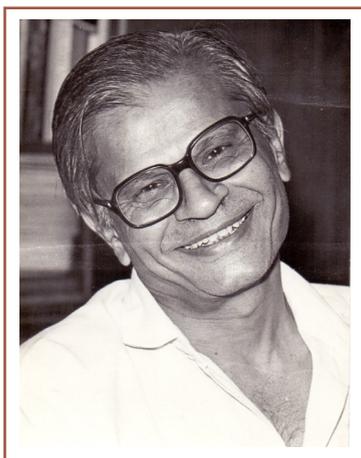


**SETH G.S.MEDICAL COLLEGE & KEM HOSPITAL**  
**Parel, Mumbai 400 012**



**GOSUMEC ALUMNI ASSOCIATION**  
**DR. M. V. L. KOTHARI CHAIR OF MEDICAL HUMANITIES**  
**DIVISION OF MEDICAL HUMANITIES**  
**ANNUAL REPORT - 2018**

**Dr. Manu V. L. Kothari**





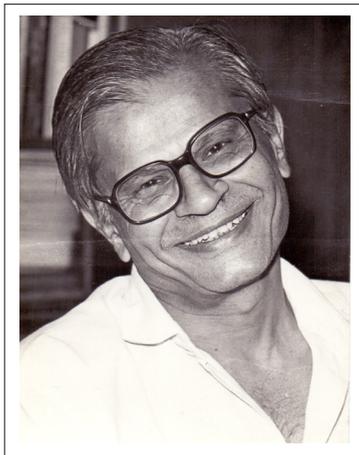
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## Dean's Message



### Dr. Hemant Deshmukh

I am very happy that Dr. Manu V. L. Kothari Chair of Medical Humanities and Division of Medical Humanities have completed two successful and eventful years. As per the tradition of these twin institutions of understanding the need of the hour and be the first to take first step, they became pioneers in establishing a Chair and Division of Medical Humanities in the State of Maharashtra. I am happy that the students want to follow the distinguished history of expertise, caring and comforting of the stalwarts of these institutions. It is my proud privilege to write on the handbook being printed on the occasion of third Annual Day being celebrate on 23<sup>rd</sup> January 2019.

Why teach the humanities? Why study them? Medicine is defined as the art and science of healing. Today in India entrance exams to medical colleges are based on scientific facts and concepts with absence of critical thinking and balancing the practice with human approach. We are totally forgetting the fine arts part of healing which needs to be added to medical curriculum. Medicine is largely an applied science. It requires skills developed by observation, practice and experience backed by proper attitude and knowledge. With current technological advances, there has been a rapid decline in the human element of health care system. The art of clinical medicine is dying in the present set-up and there is need to revitalize it.

Under this Chair we are trying to sensitize new entrants to handle the emotional distress of sick individuals and their relatives. We are trying to teach that technical progress should not blunt their humanity, ignore ethics and the need for empathy.

The importance of humanities in medical education is realised across the globe. The day will not be too far that this subject will be included in the medical curriculum. We are a step ahead in starting the Dr. Manu V. L. Kothari chair of Medical Humanities and Division of Humanities. I wish you all the best.

## Chairman of the Committee

### Dr. Sunil Pandya



The division on medical humanities commenced its activities after considerable soul-searching and trepidation.

Our medical students and resident doctors are pressed for time. They work hard and over long hours. The students are also burdened by the need to perform at examinations. To do so, the common perception is that attendance at coaching classes outside the college is obligatory. These classes encroach on whatever little free

time they have under the existing system.

Calm reasoning convinced us that these are precisely the reasons why the newly formed division and its activities are vital. They provide our students and resident doctors entry into a world outside that of medicine and cut-throat competition. The arts, literature, cinema, dance, the theatre and much more that serve to enliven and invigorate are brought into focus. The fact that there is life outside the field of medicine is emphasized and our younger colleagues are encouraged to participate in it.

Large numbers of patients, financial and other handicaps in treating their illnesses and consequent frustrations can cause burnout in young and impressionable minds. They may also result in difficulties in seeing the human beings who are now presenting as patients, their anxieties, fears and special needs.

Our study of the lives of the great physicians of the past and the manner in which they cared for their patients with empathy, concern and generosity, using means that embodied ethical principles, can serve as a corrective, inspiring us, in turn, to treat our patients in a similar manner.

The humanities also enable us to cultivate the attitude that summed up the philosophy of Antoninus Pius, 'the best of men and wisest of Roman emperors' (Sir William Osler), who, on his deathbed, pronounced 'Aequanimitas' as his watchword. Equanimity – calmness and composure especially in difficult situations – helps us meet every aspect of human relationship appropriately, firmly and courageously without hardening the human heart by which we live.

The humanities enrich us and in doing so, also improve our care of those who form the very reason for our entering the profession of medicine.

## Core Committee Members & Message



**Dr. Padmaja Samant**

Ascension is a unique event where medical teachers, students and private practitioners will come together to explore contribution of arts and humanities to medical education and practice. It is an interesting blend of art and literature contributed by students, and deliberations on contributor of humanities to humanities to medicine by teachers



**Dr. Urmila Thatte**

*“To most physicians, my illness is a routine incident in their rounds, while for me it's the crisis of my life. I would feel better if I had a doctor who at least perceived this incongruity”*

– Anatole Broyard (Former New York Times critic)



**Dr. Sandhya Kamat**

'While medicine is to be your vocation, or calling, see to it that you have also an avocation – some intellectual pastime which may serve to keep you in touch with the world of art, of science, or of letters.”

– William Osler



**Dr. Santosh Salagre**

The humanities is an umbrella with firm structure of history, gripping handle of arts and a colorful cloth of compassion giving learners shadow of empathy. The arts and humanities teach us who we are and what we can be as they lie at the very core of the culture of which we're a part. Study of humanities helps us understand our history and imagine our future. It gives us hope in the moments of struggle and brings us together when nothing else will. May we all come to realize that medical education and the humanities should be valued for nurturing our minds and society as a whole.



**Dr. Smrati Bajpai**

“Cure sometimes, treat often, comfort / care always” Hippocrates  
Dr. Smrati Bajpai Tiwari



**Dr. Nandini Dave**

Medical Humanities emerged as a field owing to the niggling feeling that there was something inadequate in the way we were taught medicine and in the way we approached wellness and disease. Part of the value of Medical Humanities is that it addresses the fact that medicine is not only about diagnosis, treatment and evidence, but that it involves beliefs, values and culture.

For me, the myriad activities at the Medical Humanities division at KEMH has been a journey of discovery...a peep, a glance at a long forgotten aspect of medicine... the human behind the ailment, the person behind the complaint. Congratulations and my best wishes to everyone involved in planning and conducting these activities!



**Dr. Mridula Solanki**

Medical humanities in medical education & practice will help create compassionate doctors who will practice this profession understanding the health needs of their patients while respecting their dignity



**Dr. Nandini Vallath**

Palliative care is an important component of undergraduate and postgraduate medical education. It eases individuals in pain and anxiety as their cancer progresses. It lends comfort to the final phase of the lives of such patients.



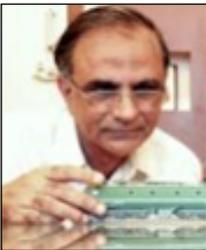
**Ms. Gulserene Dastur**

Medical Humanities marries the science of becoming a better doctor with the art of becoming a better Human Being.



**Dr. Lopa Mehta, Advisor**

It gives me great pleasure to see that young students are appreciating and evolving themselves in humane aspect of medical training. Ascension gives them an opportunity to develop their total personality while following scientific curriculum. This will make them humane physicians. The students will explore themselves from within to learn their hidden potentials in various activities of art, communication, elocution, literature, photography, history and much more. The students will learn how to resolve moral and ethical dilemmas arising in life and in practice from time to time. The students will be better students through portal of Ascension.



**Dr. Ravi Ramakantan, Advisor**

"There is a world beyond medicine,  
Beyond patients, physicians and drugs.  
Embrace it and at all times, be in it.  
So you can see the patient,  
Not just as a patient- But also as person,  
Who just happens to be ill.  
For, tomorrow, it could be you."



**Dr. Swarupa Bhagwat  
Editor,**

The good physician treats the disease; the great physician treats the patient who has the disease : William Osler

## Student Organizing Committee Ascension 2019

### THEME - History of Medicine - Shaping the future

Organiser	Dr. Padmaja Samant Prof., Obst.&Gyanec.	09869066586	
Sr. Student Secretary	Pranav Survase	8169956523	<a href="mailto:survasepranav01@gmail.com">survasepranav01@gmail.com</a>
	Ayushi Gupta	8290031113	<a href="mailto:a97.gupta@gmail.com">a97.gupta@gmail.com</a>
	Shrutika Sapkal	9284271264	<a href="mailto:Shrutika08sapkal@gmail.com">Shrutika08sapkal@gmail.com</a>
Jr.Student Secretary	Apoorva Doshi	7069175551	apoorva.doshi@yahoo.com
	Grishma Kale	9422888780	<a href="mailto:grishmagovind@gmail.com">grishmagovind@gmail.com</a>
	Jeremiah Nunes	9820790589	Conqueror.j99@gmail.com
Tech Head	Tejas Saha	07977405067	<a href="mailto:tejassaha_2008@rediffmail.com">tejassaha_2008@rediffmail.com</a>
	Abhishek Ukarde	9137127974	
Literary Head	Swapneel Naik	9930432832	

# **ANNUAL REPORT -2018**

## **Division of Medical Humanities** **Dr. Manu V. L. Kothari Chair of Medical Humanities**

**23<sup>rd</sup> January 2018 - 2<sup>nd</sup> Foundation Day**



On 23<sup>rd</sup> January 2018 at 11.30 a.m. the second Foundation Day was celebrated with key note address by Dr. Abhay Bang, Director, SEARCH, Gadchiroli. The auditorium was overflowing with staff and students alike. Dr. Abhay Bang discussed on the 4 major points as follows –

1. How to select health priorities - and he gave simple solution to approach people, ask them, councils and assemblies.
2. What kind of hospital? – He explained that it should be people friendly community hospital.
3. How to provide care in the community? – Where there is shortage of doctors in the Adivasi areas, there community health workers can be trained.
4. How to control the social determinants? Dr. Bang elaborately spoke on addiction to tobacco and other substances and suggested that the change can be brought through regulations, cultural change and community action.

While giving directions to the students that what really matters in your profession is when you see from the patients' point of view and help them out and not seek your own comfort in career, money and fame which are like shoes to be worn and not to be kept on head.

## 3<sup>rd</sup> February- Human library



Had such an eventful day at King Edward Memorial Hospital with the students and faculty of Seth. G.S Medical College as hosts! Thank you for providing the team of Human Library Mumbai this opportunity. We certainly loved our interactions, hospitality and the lovely feedback- Team Human Library.

The Human Library Mumbai (HLM) is the Mumbai chapter of main concept that passionately wants to get people of the 'City of Dreams' engaging in conversation with each other. Everyone has a story, either to tell or to listen to. HLM works towards creating personal dialogue between a 'BOOK' and a 'READER'. Live the experience of listening to someone's life story first hand. Take the roller-coaster of emotions ranging from hard hitting grit, magic of dreams coming true, successes, failures, hope and the list goes on. After all, it's all up-to the Reader and Book. But rest assured it leaves a life changing impact on anyone being a part of the movement. Borrow a 'Book' or become a 'Reader'. We all just need someone to listen to us and be a witness to our story. Every Human is a STORY.

### 16<sup>th</sup> February 2018 at 2.00 p.m.

Dr. Richard Cash from Department of Global Health and Population, Harvard School of Public Health talked on **Goings and Comings: The changing pattern of Infectious Disease in South Asia - A Personal Journey**

Dr. Cash discussed his personal experience of the evolution of cause, effect and remedial measures in infectious diseases. He highlighted on the one hand diseases that have been eliminated such as small pox and plague and pointed to diseases such as the zoonosis and viral diseases like Zika that have emerged. Overcrowding, poor sanitation and human behavior are significantly responsible for prevalence and changing patterns of infectious diseases. Dr. Cash's talk generated considerable discussion.

### 17<sup>th</sup> February - Interns orientation – Movie on Patch Adams

As a part of the Orientation Program for the interns, a movie was shown. Dr. Lopa Mehta coordinated this session. The students were asked to reflect over success versus fulfillment and career versus character. The movie **Patch Adams** was used to spark off discussion. The students deliberated over the

points which were given to them to reflect. They felt that this was a good way of imparting to them the necessary values in practice of medicine.

**26<sup>th</sup> February 2018 at 3.00 p.m.**

g) The climax of Gandhiji's activities was establishment of Naturopathy Centre at Urali Kanchan in 1946 which is still functioning today and millions are benefitted by it.

**Lecture by Dr. Sudheendra Kulkarni, Director, ORF, on “Health for all : Why India and the world need “Gandhian Approach” .**

At the outset Dr. Kulkarni paid rich tribute to Dr. Manu V. L. Kothari and showed a video clip showing Dr. Kothari attending a function of inauguration of first unique toilet established by ORF. He then spoke about Gandhiji's views that Gandhiji was not against science. In fact, Gandhiji appreciated the many contributions of science.

a) Mr. Sudheendra Kulkarni showed books written by him on Gandhiji, showing video clip how Gandhiji was tuned with science as a requirement for progress.

b) He elaborated on Gandhiji's practical views on health which will benefit whole mankind in uplifting standard of health.

c) Gandhiji laid stress on diet saying that it is not important what we eat but what eats you.

d) Gandhiji laid lot of emphasis on prevention of diseases to maintain health.

e) Gandhiji also laid emphasis on sanitation and environment. Our Prime Minister is laying emphasis on the same.

f) Gandhiji personally took care of leprosy patients thereby removing the stigma of leprosy.

**March 2018 - 2 day conference “ASCENSION “ - Step Above 2018 was held.**

**Theme : Cure with care**

**9<sup>th</sup> & 10<sup>th</sup> March, 2018**

**Maharashtra Medical Council accredited 3 points.**

**Online events** – A plethora of online events including painting, essay, short-film, photography and innovative ideas were a challenge to the creative brilliant students. All the competitions had a common open-ended theme of “Caring”.

1. Photography Competition
2. Essay Writing
3. Art competition
4. Short Films
5. Innovative Ideas

## **ONLINE COMPETITION WINNERS - DISCUSSION FROM 11.15am. to 1.00 pm**

The **Winners of the online competition** were given the platform to demonstrate their entries and narrate their experiences while they prepared their submissions. The online events included were *Painting, Essay, Short-film, Photography* and *Innovative ideas*. The competition was intended to challenge creative minds. All the competitions had a common open-ended theme: **Caring.**

### **Art**

Prachiti Shetye

Nidhi Savla

Jui Nigudkar

### **Essay**

Sejal Grover

Nmohit Jain

Pritika Mall

### **Ingenio**

Yash Gupta

Tuhina Mishra

Dr. Santosh Narayankar

### **Photography**

Prathana Srivastava

Ankur Shinde

### **Short Film**

Niladri Mishra

Hriday Shah

**On 9<sup>th</sup> March 2018 workshops on following subjects by eminent speakers were held-**

1. Art of History taking and clinical examination in medical practice –  
Dr. Vatsal Kothari & Dr. Pinky Thapar.
2. Art of History taking and clinical examination in Physiotherapy –  
Dr. Bhavna Mhatre, Dr. Archana Gore and Dr. Jyotsna Thosar
3. Art of History taking and clinical examination in Occupation Therapy –  
Dr. Jayashree Kale.

**09/03/2018 from 9.00 a.m. to 12 noon**

Workshop -1



**Dr. Vatsal Kothari**

**Dr. Vatsal Kothari** is Director, Critical Care Medicine and Consulting Physician at Kokilaben Dhirubhai Ambani Hospital. **Dr. Vatsal Kothari** 's speciality is Adult Intensive Care.



**Dr. Pinky Thapar**

**Pinky M Thapar** of Jupiter Hospital, Thāne, is an Endocrine Surgeon and General Surgeon in Thane West.

The first workshop by Drs. Vatsal Kothari, Pinky Thapar, Sahay was *for* undergraduate and post-graduate *medical students, faculty and medical practitioners*. The art of history taking and clinical examination was demonstrated using audio-visual presentation and actual patients. Areas where mistakes are made and what should not be missed were highlighted.

**Workshop - 2**

**09/03/2018 from 9.00 a.m. to 12 noon**



**Dr. Bhavna Mhatre.** Associate Professor, Physiotherapy, Seth G.S. Medical College



**Dr. Jyotsna Thosar,** Assistant Professor, Physiotherapy, Seth G.S. Medical College



**Dr. Archana Gore**, Assistant Professor, Physiotherapy, Seth G.S. Medical College

Dr. Bhavna Mhatre assisted by Dr. Archana Gore and Dr. Jyotsna Thosar conducted the second workshop for undergraduate and post-graduate *physio-therapy students* and focused on cultivating therapeutic partnership necessary for efficient and effective patient care and cure.

Interactive sessions along with “role plays” on various day to day scenarios that take place in clinical areas were the mainstay of the sessions.

**09/03/2018 from 9.00 a.m. to 12 noon Venue –CVTS Auditorium**



The Art of History taking and Clinical Examination in Occupational Therapy by **Prof. Jayashree Kale**, Head of department of Occupational Therapy, G. S. Med. College and her colleagues.

She has completed masters in Occupational Therapy with neuro-rehabilitation as specialization. She is presently Consultant Occupation Therapist / Musculoskeletal Expert -

Hemophilia Federation India & Mumbai Chapter Hemophilia, Faculty - IHTC, Mumbai. She is Fellow of World Federation hemophilia[Lon], Fellow Cardio-Pulmonary Rehabilitation [Apollo Hospital]. She has many national and international publications at her credit.



**Ms. Sanika Vijay Gawade** (M.Sc.OT.) Occupational Therapist

She is working as an occupational therapist in KEMH for more than 15 yrs. She is presently working in pediatrics section of OT department for managing out-patient, in-patient, NICU patients. She has been a speaker in workshops conducted by OT department in NICU in the year 2016 and 2017.



**Mrs. Karuna Nadkarni**, associate professor in Occupational Therapy

She is working in mental health department of occupational therapy department for last 10 years. She has published in national Occupational Therapy Journal. She is post graduate teacher in for musculoskeletal sciences at Maharashtra University of Health Sciences.



### **Mrs. Shilpshree Palsule**

She has completed her post graduation in orthopedic rehabilitation and has keen interest in Hand Rehabilitation. She is post graduate teacher in for musculoskeletal sciences at Maharashtra University of Health Sciences.

Dr. Jayashree Kale and her team conducted workshop for the undergraduate and postgraduate occupational therapy students. They discussed the various topics as follows:

- 1.OVERVIEW:** Dr. Jayashri Kale ,Professor and Head of Department.
- 2.PEDIATRIC PRACTICE (OT):** Dr. Sanika Gawade, Occupational Therapist.
- 3.MENTAL HEALTH REHABILITATION:** Dr.Karuna Nadkarni, Associate Professor
- 4.HAND REHABILITATION:** Dr. Shilpshri Palsule, Assistant Professor.

A pre- and post- MCQ test was conducted to assess the understanding of these topics by members of the audience.

At the end of the workshop the students were asked to give their feedback. Students and faculty felt that such workshops should be conducted at least once a year to enhance professional and ethical behavior for the benefit of patients.

### **Report**

#### **History taking and clinical assessment in Occupational Therapy**

Occupational Therapists treat a patient to go back to his routine schedules following injury, illness or accident and the end goal is independence! And work over a spectrum of needs in a patient's life.

An occupational therapist has a holistic approach in treating his clients and treats the patient as a whole keeping in stride with – the psyche, the physical, emotional, social needs of the patient.

Hence for a professional it is important to gather subjective and objective information of the patient through a cascade of scientific steps. Chart reviews, clinical reasoning, communication with interdisciplinary professionals involved with patient care, personal observations, communication with patient and care givers.

In the first phase of admission obtain information through- brief interactions with the accompanying person - they could be first degree relatives, the civic

officials, the neighbors or anyone who is aware of the reason for which the patient has been referred to the hospital.

As for Occupational Therapists the primary goal is independence, it is important for them to explore the likely outcomes after therapy, thus in history taking an OT should proceed with the bottom up approach - what should the patient actually be at discharge for his independence in living; his needs in life - activities of daily living, work, leisure, psychosocial, context and environment, his safety etc. have to be reflected in the history.

An occupational Therapist relates the functional components of patient –range, strength, co-ordination, balance, perception, cognition, mental status to his difficulties in performance and residual abilities to perform. A detail of both abilities and disabilities are imperative in history taking. The clinical assessment involves the assessment of above components, treating the components to facilitate function.

Any accommodations permissible and no permissible by government, technologic devices to enhance performance, adaptations for community living, compensations, environmental modifications, support systems and safety that would be needed by patient and caregiver, for a smooth transition towards optimal independence, do need to be taken into account and documented in the history and assessment.

A good history taking is the backbone of a good plan of care, and a good plan of care, the directive of successful therapeutic intervention in medicine.

### **Workshop -3**

**09/03/2018 from 9.00 a.m. to 12 noon**

### **Communication skills and Professionalism**

Dr. Santosh Salagre, Associate Professor of Medicine and Dr. Maria Jiandani, Associate Professor, Occupational Therapy conducted this workshop.

Ms. Mehreen Mir and Mr. Pranav Survase were the student co-ordinators.

55 undergraduate students from the medical college, occupational therapy and physiotherapy departments attended this highly interactive workshop.



### **Dr. Santosh Salagre**

Dr. Santosh Salagre is Associate Professor (Medicine) and Head of GSMC MUHS UNESCO Bioethics Unit at Seth G. S. Medical College & K. E. M. Hospital. He is M.B.A. in Hospital Management and Fellow of GSMC FAIMER. He is Faculty at

MUHS for Communication Skills Training for Teachers and at MCI for Revised Basic and Advanced MCI Courses on MET. He has conducted more than 100 Communication Skill Workshops all over the country.



**Dr. Mariya Jiandani**

Associate Professor at Physiotherapy School and Centre, Seth GS Medical College,

M.Sc (Physiotherapy).Speciality : Cardiorespiratory Physiotherapy and health promotion, FAIMER fellow Ph D guide. ACSM certified Health and fitness specialist. Steering committee member of GSMC MUHS UNESCO bioethics unit.

Felicitated by Mumbai Branch of IAP for "contributions to Physiotherapy Service"

**Report**

Learning objectives were clearly defined: understanding the need of effective communication(verbal, nonverbal and written) along with barriers to communication.

It was emphasised that effective communication skills are essential for establishing doctor-patient relationship. Participants were sensitized to the need and types of communication. The tips for effective communication and how to overcome barriers to communication were discussed through interactions.

Interactive tools such as videos, movie clips, Think – Pair- Share, brain storming and innovative games were used which engaged the learners throughout the session. The feedback was very encouraging.

**09/03/2018 from 9.00 a.m. to 12 noon**

**Narrative medicine**



**Dr. Padmaja Samant**

Dr.Padmaja Samant conducted the workshop on for the medical students as well as medical practitioners. It was done with the help of short video clippings and participants were made to reflect on these. They were asked to write down their personal experiences. Overall the participants left with a better understanding of human feelings and doctor patient interactions.

## **POST-LUNCH PROGRAM ON 09/03/2018 from 9.00 a.m. to 12 noon**

### **Performance Poetry**



#### **Dr. Tushar Shah**

**Dr. Tushar Shah** is a Mumbaikar by birth and consulting physician by profession at Criti-Care Hospital. His passionate love is for poetry and humor. He is presently in his early 50s and hopes to stay that way for some time. Early in his school days he discovered a passion for humour and poetry and started reading relevant books in three languages (English, Hindustani, Gujarati). He has always

treated humour as the best medicine.

Dr. Tushar Shah was at his best in conducting the session. He invited the audience to reinforce the connection between head and heart. He recited some of his own poems in different forms such as satire and contextual humour. The audience responded enthusiastically.

Students and faculty of Seth G. S. Medical College also recited their own poems. Dr. Tushar Shah analysed each presentation bringing out positive aspects and those features which can be improved upon.

Dr. Tushar Shah gave explanation of a ghazal, highlighting the focus on rhyming and need to appreciate beauty and richness of Urdu Hindustani languages.

The students and faculty who presented their poems were:

Dr. Swaroopa Bhagwat	Gauri Chikhalkar	Seema Pokar
Souhaan Jiandani	Sarah Tinwala	Niladri Bhushan Mishra
Yukti	Vishal Sapate	Devanshi Shah
Swapneel Naik	Pranav Survase	

### **Group Dance Performance on 09/03/2018**

This event was presented by Aradhita Maheshwari, Mitali Shroff, Arhita Sawant, Anusha Nair – medical students of Seth G. S. Medical College.

The program began with a group dance performance highlighting *Navrasa* described by the poet Kalidasa. The dance sequence enacted one by one each rasa with classical performance and appropriate facial and hand expressions. It was hoped that these dances and understanding of the significance of

posture and gestures would help in medical students and practitioners in understanding the silent messages sent out by the body language of patients and relatives.

**Saturday 10/03/2018**

**Inauguration at 9.00 am**

The program was officially inaugurated in Dr. Jivraj Mehta Lecture Theatre at 9.00am by a Prayer sung by Ms. Aradhita Maheshwari. The guests were welcomed by the student organizers with flowers.

**Dr. Digant Amte** was the Chief Guest.



**Dr. Digant Amte**, the elder son of Dr. Prakash Amte and Dr. Mandakini Amte, completed his primary and secondary education from Lok Biradari's school in Hemalkasa. He obtained his MBBS degree and decided to serve the tribals just as his parents did. Currently he along and his wife Dr. Anagha Amte have taken over the responsibility of looking after Lok Biradari Hospital. Lok Biradari Prakalp (LBP), a

project of the Maharogi Sewa Samiti (MSS), Warora, was started by the legendary social worker Baba Amte in 1973 for integrated development of the Madia-Gondtribals of Bhamragad in Gadchiroli District of Maharashtra.

“Working in tribal area with limited resources in form of trained personnel, equipments, tests etc. provides one with challenges all the time. In addition to these there are hurdles like, language, cultural beliefs, taboos, ignorance etc compounded by natural calamities causing loss of all sorts of communication electricity. In such a scenario it's not bookish medical knowledge which comes to assistance but we had to utterly it by thinking outside the box. He will be sharing journey of Lok Biradari Prakalp since 1973 in providing health care to the tribes of Central India”.

It was very heartening to note that at their young ages Dr. Digant Amte along with his wife have not been lured by super-specialization and urban life. He presented his work, experience and hurdles faced by the givers and the recipients of health care. His talk, enriched by audio-visual presentation, showed the remarkable care doctors can provide patients amidst severe limitations and handicaps. We hope that this talk has given sufficient motivation to our young students to look beyond super-specialization while deciding on choosing their career to provide care where it is needed.

## **“The Art of Listening” 10.15a.m. to 11.10 a.m. by Dr. Vihang Vahia.**

**Dr. Vihang Vahia**, GOSUMEC and senior consultant psychiatrist. His talk, peppered with humour and wit, started with the difference between hearing and listening. He showed how things go wrong when you hear but do not listen and what you miss through inattentiveness. There was much more in his talk to ponder.



### **Dr. Vihang Vahia**

Dr Vihang N. Vahia. MBBS, MD, DPM, Member, National Advisory Board, Indian Association of Private Psychiatry, is a Psychiatrist in Breach Candy and, Mumbai. He practices at Breach Candy Hospital in Breach Candy, Mumbai and Lilavati Hospital and Research Centre in Bandra West, Mumbai. He is an International Distinguished Fellow, American Psychiatric Association

*“This is an era where Depression and Anxiety are getting to be endemic globally. Medical practitioners are conditioned to provide quick treatment of every manifestation of physical and emotional discomfort. Most doctors do not find time to listen to the patients for more than a couple of minutes, sometimes not even that. The emerging system of 'managed care' demands quantity or numbers of care. Quality of care is often not the focus.*

*Medical science is a science based on elaborate insight into the nature of discomfort experienced by a patient, duly collaborated with clinical pathology as revealed on lab tests, exploring the diseased organ through radiology, blood and biological fluid tests, surgical exploration and in extreme cases, postmortem findings.*

*Our predecessors like Sushrut (6<sup>th</sup> Century BC) have labored to provide meaningful insights and effective therapy based on understanding what the patient would be struggling to reveal. Listening to the patient was thus pivotal to health care. The two world wars and several other military conflicts imposed a demand on the medical profession to demonstrate quick symptom control and help the soldiers to get Combat ready as soon as possible. Inadvertently perhaps, the medical profession surrendered the skill of listening in favor of designing strategies for more apparent strategies of quick symptom removal.*

*Before the World War II, Psychiatry had rediscovered the healing power of listening. Freudian Psychoanalysis is the elaborate science based on hours*

*spent to listening to the ailing individual and support efforts to reorganize their initiatives to deal with the inevitable stress and strain of routine life. BUT it is time consuming, commodity in short supply.*

*This presentation describes importance of the skills of listening as it provides insights into conflicts of contemporary life style. The simple skill of empathy in listening could be a strong treatment technique. Literature describes nine ways of listening. Each has a connotation of its own. The optimal listener is the one can look beyond the spoken words and understand the inevitable but not easily revealed struggle to search of peace and purpose in life”.*

**'LEAVE NO ONE BEHIND" BY DR.SATENDRA SINGH - 2 pm.to 3 p.m.**



**Dr. Satendra Singh**

**Dr. Satendra Singh**, Professor of Physiology, University College of Medical Sciences and Guru Tegh Bahadur Hospital, Delhi had graciously responded to our invitation and come from New Delhi to share his experiences in improving the lot of the handicapped in India.

He contracted poliomyelitis at the age of 9 months but went on to obtain the degree of Bachelor of Medicine, Bachelor of Surgery and later on Doctor of Medicine in Physiology. He is a noted disability activist especially for his sustained efforts in making public places accessible for disabled persons.

The champion of “Not leaving behind individuals with disabilities” proved the point that the disability lies in the eyes of the beholder and what we consider as handicapped persons, actually with their motivation and drive overcome their single limitation by enhancing other capacities and do not lag in any endeavour which they are interested in undertaking.

With his audiovisual presentation showing living examples, the audience left with a new vision to look at not of ability in those society terms 'disabled' and admiration for the tenacity, pursuit and other abilities such individuals demonstrate for achieving success and sense of fulfillment in life.

*Medical humanities are in essence a form of advocacy, a means of addressing underrepresentation. From the lens of diversity and inclusion, lived experiences of those who are left behind are valuable. From the humanities perspective, the practice of reflective capacity, visual literacy, narrative competence and critical thinking help us in changing attitudes and behavior*

*(making it more ethical and professional), making effective communications, respecting diversity and teaching empathy. In my talk I shall be sharing real life experiences to leave no one behind in achieving our goal of cure with care.*

**Panel Discussion - “Withdrawal of medical Treatment and Advance Directives”.**

A group of panelists discussed and challenged the current ideas of medicine and humanity.

*The panel discussion focused on medical, legal and ethical issues that arise from the withdrawal or withholding of medical treatment from terminally-ill patients, as well as the implications of recognizing advance directives through the law. The aim of the discussion was to invite a wide variety of views from different stakeholders and discuss solutions for an implementable legal framework to give effect to advance directives. A secondary aim was also to raise awareness among medical students about the issue.*

**Dr. Dhvani Mehta**



*Dr Dhvani Mehta completed her Bachelor's in Legal Sciences and Law from Government Law College, Mumbai. She then read for the Bachelor of Civil Law, M .Phil and D. Phil in Environmental Law at Magdalen College, University of Oxford. She was part of the founding team of the Vidhi Centre for Legal Policy, New Delhi in 2013, where she now*

*leads independent research and litigation in the areas of health, environment and education. She has supervised and co-authored research reports on environmental clearances, Delhi's air pollution, grievance redressal mechanisms at public health establishments, and organ transplants. She has advised the Ministry of Health and Family Welfare on the legal framework on clinical trials and the regulation of medical practitioners. She has provided legal research assistance and advice to civil society organizations on issues like ethical mining, groundwater regulation, and discrimination against persons affected by leprosy. She is currently working on antimicrobial resistance, contaminated sites, and disability rights.*



**Dr. Roopkumar Gursahani**

Consultant Neurologist at P. D. Hinduja National Hospital, Mahim, and Hinduja Healthcare Surgical, Khar Mumbai. He is also associated with Forum for Indian Neurology Education, Epilepsy Clinic on the Lifeline Express, Impact India Foundation and ELiCIT (End of Life Care in India)

Taskforce) a joint initiative of the Indian Academy of Neurology, Indian Society of Critical Care Medicine and the Indian Association of Palliative Care.



**Dr. Anant Bhan**

Dr. Anant Bhan is trained as a medical doctor with a master's degree in bioethics from the University of Toronto. He is a researcher in the fields of Global Health, Health Policy and Bioethics. He is an Adjunct Visiting Professor in the Department of Community Medicine, Yenepoya Medical College and the Centre for Ethics, Yenepoya University, Mangaluru, India.



**Dr. Sunil Pandya**

Dr. Pandya retired from the Department of Neurosurgery, Seth G. S. Medical College and K. E. M. Hospital. Currently he works at the Jaslok Hospital & Research Centre.



**Ms. Veena Johari**

Lawyer, Courtyard Attorneys, Mumbai. Public health activist.



**Dr. Mrs. Nandini Vallath**

MBBS, MD in Anaesthesiology, Diplomate, National Board, Anaesthesiology (1996) National Board of Examinations, New Delhi Post Graduate Diploma in Palliative Medicine (2010), Cardiff University, UK Post Graduate Diploma in Family Medicine (2012), Christian Medical College Vellore, India Foundation Course in Pain and Palliative Care(2000), Global Cancer Concern and Pain and Palliative Care Society,

Calicut, India Certificate Courses Community change in Public Johns Hopkins University (Online) Health (2015) Epidemiology - The Basic University of North Carolina (Online) Science of Public Health (2015)

## Topics

**Dr Dhvani Mehta** : Legal framework on withholding or withdrawal of life-sustaining treatment and advance directives

**Dr Sunil Pandya** : Distinctions between active and passive euthanasia

**Dr Roop Gursahani** : The determination of brain death and the withholding or withdrawal of life-sustaining treatment

**Dr Anant Bhan** : Community perceptions of doctors' roles in critical care

**Dr Nandini Vallath** : Sensitizing doctors, health care workers and patients about palliative care

**Ms Veena Johri** : Best interests and substituted judgment-how doctors should take decisions on behalf of patients incapable of making informed decisions

## Panel Discussion Summary on Withdrawal of Medical Treatment and Advance Directives

The Dr Manu VL Kothari Chair of Medical Humanities and Division of Medical Humanities at the Seth Gordhandas Sunderdas Medical College and King Edward Memorial Hospital, Mumbai organized a panel discussion on end of life care as part of 'Ascension', their Medical Humanities Conference. The discussion was held on the 10<sup>th</sup> of March, 2018, one day after a five-judge bench of the Supreme Court handed down its judgment in *Common Cause v Union of India*. This judgment affirmed the legal validity of withdrawal of life-sustaining medical treatment and also granted legal recognition to advance directives or living wills. This made the panel discussion even more relevant and afforded the opportunity to discuss the implications of the judgment.

The discussion was moderated by Dr .Dhvani Mehta, Senior Resident Fellow at the Vidhi Centre for Legal Policy, New Delhi. The other speakers were Dr Sunil Pandya (Consultant Neurologist, Jaslok Hospital), Dr RoopkumarGursahani (Consultant Neurologist, Hinduja Hospital), Mr Anant Bhan (Researcher in Global Health and Bioethics and Adjunct Visiting Professor, Yenepoya University), Dr Nandini Vallath (Consultant and Project Coordinator, World Health Organisation Collaborating Centre for Training and Policy on Access to Pain Relief, Trivandrum Institute of Palliative Sciences) and Ms Veena Johari (Lawyer, Courtyard Attorneys, Mumbai).

The panelists spoke about ethical issues surrounding the withholding and withdrawal of life-sustaining treatment, the determination of brain death, distinctions between active and passive euthanasia, the need to sensitise healthcare professionals about palliative care and the principles that should guide end of life care decision-making for incompetent patients. The panelists welcomed the Supreme Court's judgment, which brought some much-needed clarity to the legality of decisions that doctors take every day in high-pressure environments like Intensive Care Units. However, they also pointed out the practical difficulties of implementing the guidelines laid down by the Court for the withdrawal of medical treatment and the operationalisation of advance directives. At the end of the discussion, the panelists answered questions from the audience about how the judgment would affect medical practice. There was also a general consensus that more work was needed to educate healthcare professionals about end of life care and to develop guidelines that would inform future legislation on this subject.

### **3<sup>rd</sup> April 2018**

Screening of film "**GANASATRU**" (AN ENEMY OF THE PEOPLE) directed by **Shri Satyajit Ray** on **Tuesday, 3rd April 2018 at 2.00 p.m. in MLT brought by Mr. Amrit Gangar and our alumnus Dr. Kartik Bhagat**

Mr. Gangar provided information on the humanitarian aspects of the life and work of Mr. Satyajit Ray and showed a video-recording of an interview where Mr. Ray expressed his philosophy on a variety of topics, ranging from the making of a film to how he looked at death.

Mr. Gangar's comments before GANASATRU was screened enabled the younger members of the audience to focus on Dr. Asoke Gupta's struggle to save his fellow city-dwellers from disease and death.

Dr. Ashoke Gupta (Soumitra Chatterji) is an idealistic doctor working in a town near Calcutta. Dr Ashok Gupta confronts his elder brother after he finds huge amount of bacteria in the holy water of a temple. He discovers that the water at a popular temple is the source of an outbreak of typhoid and hepatitis. In order to save lives, he risks his career to try and call attention to this polluted water source. His efforts are thwarted by a local group of building contractors, who attempt to discredit him in various ways. Despite that, Dr. Gupta has supporters, and a reporter from Calcutta offers to tell his story in the papers there. Rather typically, the end changes: it has as much of Satyajit Ray stamped on it as Ibsen. Chatterjee says: "It does not have the negative cynicism of Ibsen." Unlike Ibsen's Stockmann, Ray's Dr Ashok Gupta is a

gentler, kinder person who manages to muster some support from the townspeople and the film ends on a more optimistic note than the play.

Ray himself has said: "Pollution is a worldwide problem and nowhere more so than in India. I have brought the play up to date and have transplanted it to Bengal. But I hope it still retains its universality." Judging from the response at Cannes, as always, Ray has been able to move audiences worldwide, even while remaining the quintessential Bengali.

The film provided a practical lesson to the audience on how it is important to fight unethical and immoral behavior even at the cost of disruption of one's own piece of mind and life.

### **17<sup>th</sup> July 2018 Book Reading and Literary Recitation Program**

**Mr. Saurabh Jain**, a student of Seth GSMC, currently serving as an intern, has penned a fictional novel - "**Kaljayi Daud**". This book teaches you how to lead a meaningful life with dominance of will power over abilities. A story based on a teenager Vikram highlighting problems of adolescence and his fight with his average abilities against gifted contenders.

The program started by seeking blessings of Lord Saraswati through prayers and deep prajwalan by chief guest Dr. Lopa Mehta and Dr. Urvashi Parmar.

Dr. Saurabh Jain read excerpts from his book elaborating on some aspects. This was followed by critical commentary on the book by Drs. Ashutosh and Siddharth Sahu. The second round of the programme saw the presentations of the poetic works by Madhu Chaudhary, Arjun Loshali, Palash Jain and Aishwarya. There were very inspiring speeches by Dr. Lopa Mehta and Dr Urvashi . The programme ended with a vote of thanks to all the organizers by Dr. Saurabh Jain.

### **17<sup>th</sup> July 2018**

#### **PROGRAM OF SHARING EXPERIENCES OF MEDICAL UNDERGRADUATES TEACHING SLUM CHILDREN. 17<sup>TH</sup> JULY 2018 FROM 3 TO 5 P.M.**



**VECTOR-** "*Towards a better future*" is an initiative started by students from our college in the education sector teaching children from slum communities. Their

vision is to **uplift slum communities through a community of medical college students.**

These children from low socio economic backgrounds lack mentor or guide. So medical college students who are passionate about teaching help these economically underprivileged class. They want these children not only to continue education after Xth and XIIth Std. but also pursue career in the field of their choice. Seth GSMC medical students have taken this initiative under the Leadership of **Mayur Bhanarkar** to reach out to slum children living around college and hospital area on the footpath by spending their own time and educating these children on basic literacy, basic numeracy, life skills and value based education.

**It is very heartening to note that medical students are evolving themselves in very constructive way and let us hear them in their own words and feelings of slum children on 17<sup>th</sup> July 2018 at 3.00 p.m. and move towards what can make India better.**

The session started with Dr. Mayur Bhanarkar introducing the organisation. He spoke about how this idea of teaching the slum and shelter home children came to his mind. He built on this idea and started mobilising the college students to have a constructive use of their time. He went on explaining about different teaching projects under VECTOR. They are focusing on basic literacy and basic literacy currently. Their future projects include critical thinking and value based education.

They also screened a short film on VECTOR and different centres they have portraying different activities undergoing at the centre including the BOOK CLUB and THE READING CLUB.

From the team of 50 people, 13 of them came on stage ranging from 1st year to final year students, who shared their experience with these children. It was a great platform for all these teachers to re-visit their teaching memories and share it with the collective.

**The teachers who spoke on stage are -**

- 1) Sharannya Rajan (Final MBBS)
- 2) Aishwarya Subramanian (3rd MBBS)
- 3) Jeet Vora (1st MBBS)
- 4) Himani Nahta (Final OT)
- 5) Eera Fatima (2nd MBBS)
- 6) Mahima Bhuta (Final OT)
- 7) Ayushi Dubey (2nd MBBS)
- 8) Anuya Natu (2nd MBBS)

- 9) Avani Natu (2nd MBBS)
- 10) Ojas Krishnani (2nd MBBS)
- 11) Pratik Andhale (2nd MBBS)
- 12) Manav Shah (1st MBBS)
- 13) Yashraj Patil (1st MBBS)

The program concluded with Dr. Lopa Mehta **congratulating** all students and giving a set of all books written by Dr. Manu Kothari and **herself** as token of love to the entire team.

**24<sup>th</sup> July 2018 – Films “NEVER SAY NO TO NORMAN!” and “It only needs a chair to charm!” were shown to students by Film Club. Presentation by Mr. Amrit Gangar, Film Theorist, Curator, Cultural Activist**

**Total Duration of film screening and discussion was 90 minutes.**

*Mr. Amrit Gangar is a Mumbai-based film theorist, curator and cultural activist. He has presented his theory of 'Cinema of Prayoga' at different venues in India and abroad. He has several books to his credit as author and editor. Over the years, he has been on the juries of national and international film festivals.*

*He was instrumental in establishing a film club in G.S. Medical College some years ago. He has spearheaded its vibrant revival now.*

*He started the current series of discussions on films using Satyajit Ray's Ganashatru and a film showing Mr. Ray discussing various issues including death (described above).*

The ever growing and enveloping 'moving image' had never affected our daily life as it has today, so much so that it has lost its inherent dynamism. Constantly in a *loop* it is yearning to *bemukt*, to be liberated. In this overarching age of the God Googleshwara, we keep searching for references to context. To history, we return for succor and support. Cinema does it all the time.

Within this introduction, Mr. Gangar showed some examples that celebrate the 'Rigor of Austerity' finding alternative ways of thinking and creating, challenging the monster, resonating Rabindranath Tagore's words: *Where the mind is without fear and the head is held high; where knowledge is free...*

Mr. Gangar's talk and films demonstrated an alternative way of thinking cinema.

**10<sup>th</sup> August 2018 – 11.00 a.m. to 1 p.m.**

**Interactive guest lecture by Dr. NandiniVallath “What it means to be a Patient... The Disease Experience”.**

To help understand pharmacological approach to managing chronic pain and the appropriate usage of essential narcotic analgesics, a 'Seminar on WHO Analgesic Ladder'. was conducted. The Post graduates from Pharmacology and Clinical pharmacology were divided into 3 groups. The groups were given one of the topics given below 2 weeks ahead- to prepare and present to the group.

After a pretest each group made their presentation.



1. What was the need for designing the WHO ladder - 1986? What were the intentions and the basis for grouping the drugs in each step?
2. 65 year old Ahmed suffered from severe pain from cancer of the pancreas, which prevented him from even straightening himself, sitting and breathing deep. He visited 5 major hospitals [including KEM hospital] in the last 2 months asking for help - but did not receive adequate relief for his pain. He was given prescription for Fentanyl Patch - which he did not buy. Explain - What are the main gaps in implementing the WHO Analgesic Ladder for patient care? What is meant by the term “ensuring balance” in using narcotic medications?
3. What is our role -as teachers and researchers in pharmacology- to improve the management of moderate to severe pain in the community and country?

The entire seminar was very interactive and lasted for 3 hours and 40 minutes

The post tests were conducted. A great deal of interest was expressed by the students in the subject.

Dr. Nandini Vallath led this very informal and highly interactive session with two other persons, Mr. Ganapathy and Mr. Sandeep Yadav, who shared their experiences as a patient's relative and as a patient respectively. The entire session was a narrative with reflective components. The story was shared in a factual way with the added icing of humour which kept the audience, the 1 MBBS students, captive throughout. The narrative was followed by discussion and students were free to share their experiences too and also probe deeper into the experience shared.

The session made the students aware of what being a patient means and set them thinking on their role as a doctor to lighten the burden of being a patient

**14th August 2018 – 2.00 p.m. to 4 p.m. Film show - PSM Seminar Hall – movie “Gifted Hands” for interns**



As a part of introductory program for the new batch of interns, Dr. Manu V. L. Kothari Chair of Medical Humanities showed a movie GIFTED HANDS A real life story, based on the life of world-renowned neurosurgeon Ben Carson

from 1961 to 1987. The film was directed by Thomas Carter and released on 7<sup>th</sup> Feb.2009.

Young Ben Carson didn't have much of a chance. Growing up in a broken home amongst poverty and prejudice, his grades suffered and his temper flared, and yet, his mother never lost her faith in him. Insisting he follow the opportunities she never had, she helped to grow his imagination, intelligence and, most importantly, his belief in himself. That faith would be his gift. Growing up in poverty-stricken Detroit with his mother and elder brother, Curtis, Ben could have never dreamed of the future that lay ahead for him. When 9-year-old Ben's father abandons his family, his heart is broken with the hurt lasting a life-time. Ben's mother, Sonya, is the driving force in her sons' young lives.

There were many temptations and challenges for Ben and Curtis that could have led them astray. But his mother continues to focus on what is important and keeps driving home the values of education and success as a priority. Ben begins to believe in himself and works hard at becoming one of the best kids in class in junior and senior high school.

Although Ben's first vision was to become a missionary doctor or a psychiatrist, he starts to become interested in neurosurgery. Ben Carson becomes a world-class pediatric neurosurgeon at the prestigious Johns Hopkins Hospital in Baltimore, MD. Ben Carson has become an inspiration to all races and to young and old alike.

Dr. Lopa Mehta conducted the session. The interns were stunned by the inspirational biopic “Gifted Hands” and felt when they entered medical college they had this kind of purpose, somehow it was lot during the tedious curricular requirements of overloading of informational study. This movie has rekindled the feelings and somewhere it will prompt them to give their best in the professional career.

**4<sup>th</sup> August 2018 - Corruption in Health Care – perception, reality and way ahead. Panel discussion on a new book, moderated by Dr. Sanjay Nagral**

As a part of Confluence, an annual meet organized by the students of Seth G. S. Medical College to deliberate on scientific and other aspects of medical practice, under the aegis of Dr. Manu V. L. Kothari Chair of Medical Humanities, a panel discussion was held along with release of the book “Healers or Predators? Health care corruption in India.”



The session brought out a varied facets of corruption and what should be done to eliminate it. Editor Dr. Nundy described the essence of the book

which highlights various facets of corruption in medical practice. Dr. Hemant Morparia and Dr. Anirudha Malpani (non-contributors to the book) brought out varied forms of corruption they have observed in medical practice.

The discussions on this occasion gave a very necessary and wide exposure to students, faculty members and interested persons on what is wrong with medical education and practice in India today. The root and rationale of medical practice were discussed and it was emphasized that all modes of corruption have no justification.

The students asked very pertinent questions including those on second opinion and necessity of investigations.

### **31<sup>st</sup> August 2018 - Workshop on Resilience by Dr. Henal Shah for undergraduate students**

Dr. Henal Shah explained that **resilience** is the process of adapting well in the face of adversity, trauma, tragedy, threats or significant sources of stress — such as family and relationship problems, serious health problems or workplace and financial stressors. Being **resilient does not mean** that a **person** doesn't experience difficulty or distress. It is the capacity to recover quickly from difficulties; toughness. It is the ability of a substance or object to spring back into shape; elasticity. It is bounce back ability from adversity. When faced with a difficult life event – for example, the sudden loss of a loved one – resilient individuals are able to successfully cope with, or adapt to, the associated stress.



**Resilience** is that ineffable quality that allows some people to be knocked down by life and come back stronger than ever. Rather than letting failure overcome...

Psychological resilience is the ability to successfully cope with a crisis and to return to pre-crisis status quickly. Resilience exist when the person uses "mental processes and behaviors in

promoting personal assets and protecting an individual from the potential negative effects of stressors.

***With varied examples she showed how we should be*** able to be happy, successful, etc. again after something difficult or bad has happened. She showed 9 Ways to build resilience at work.

1. Cherish social support and interaction. ...
2. Treat problems as a learning process. ...
3. Avoid making a drama out of a crisis. ...
4. Celebrate your successes. ...
5. Develop realistic life goals for guidance and a sense of purpose. ...
6. Take positive action. ...
7. Nurture a positive view of yourself.

**She advised students to build your resilience in the college etc.**

1. Get enough sleep and exercise, and learn to manage stress. ...
2. Practice thought awareness . ...
3. Practice Cognitive Restructuring to change the way that you think about negative situations and bad events.
4. Learn from your mistakes and failures. ...
5. Choose your response. ...
6. Maintain perspective.

The interactive session was vibrant and there was very good response from students.

**15<sup>th</sup> Sept. 2018 1 to 4 p.m. – Photography Workshop by Dr. Avinash Supe, Dean (G&K) and Director (ME&MH) and Mr. Bibhas Amonkar.**



It was a much sought program. Dean Dr. Supe showed photographs taken by him during various treks, camps etc. and accompanied them by valuable tips on photography. He simultaneously gave basic information about photography. In the later session of workshop, he showed wild life photography and

described several tips for the photography of elusive wildlife, particularly tigers. Then a similar session on mobile photography followed with tips on using the mobile phone optimally for this purpose. The program concluded with question-answer round. Mr. BibhasAmonkar added valuable inputs like types of cameras and also answered many questions from students.

## 16<sup>th</sup> October 2018 – Manusmriti and Shidori



The 4<sup>th</sup> Manusmriti Day was celebrated on 16<sup>th</sup> Oct.2018 from 10.00 am. The Guest Speaker was former faculty member Dr. Shirish Sheth. The program started with welcome speech by Dr .A. N. Supe, Dean and Director, welcoming new entrants. He inaugurated You Tube Channel of Dr. Manu V. L. Kothari Chair of Medical Humanities. A beautiful Rangoli was drawn by Mr. Sachin Mahadik with an innovative idea of drawing Quick Response Code in the rangoli so that students can scan the code and go to directly to the channel. 91 videos including interviews, workshops and conferences were uploaded. There were more than 8,000 viewers and subscribers.

Dr. Shirish Sheth addressed students with an excellent presentation on the lives and works of persons who have inspired him. Dr. Sheth emphasized that the distinguished persons like Bill Gates and scientists like Einstein were at times a failure initially. Renowned personalities like Sachin Tendulkar, Sunil Gavaskar came from ordinary families and Bachchan was initially dismissed as an actor. He emphasized the power of resilience. He used illustrations from his own experiences to provide inspiration for the making of a good student and a doctor. His rich experience in the field of medicine over past 6 decades was evident throughout his speech.

### **15 December 2018- Lectures by Dr. Ruth Richardson**

Through the courtesy of Dr. Rajendra Badwe, Director, Tata Memorial Centre, we were able to host two talks by the veteran British historian, Dr. Ruth Richardson.

She has described herself as 'a Londoner born and bred, from generations of Londoners' and as an 'interdisciplinary historian'. The latter clarification explains the fact apart from making a name for herself in medical history, she has provided authoritative accounts on *Chapbooks* – 'small, affordable forms of literature for children and adults that were sold on the streets'; *Foundlings, orphans and unmarried mothers* and *Oliver Twist and the workhouse*. For some years now, she has been working towards the preservation of a former workhouse on Cleveland Street in London as a historical landmark.



On Saturday 15<sup>th</sup> December 2018 at 11.30.a.m in MLT.

Speaker  
Dr. Ruth Richardson

FRHistS King's College, London Renowned Author  
of "The Making of Mr. Gray's Anatomy"

You are cordially invited to Program-

•Talk 1: Gray's Anatomy: The textbook and its connection with Victorian Bombay –  
Question to answers by Dr. Ruth Richardson.

Lunch from the organizers.

•Talk 2: Pathophysiology in Victorian Bombay: Henry Vandyke Carters path-breaking  
work at Grant Medical College and JJ Hospital. Question: Answer

Her books on the history of medicine include *Death Dissection & the Destitute* (Chicago University Press, 2000); *Vintage Papers from The Lancet* (Elsevier, 2006) and *The Making of Mr. Gray's Anatomy* (Oxford University Press, 2008) She had spoken on the birth and development of *The Lancet* and historically significant papers published in this journal at Tata Memorial Centre the previous evening.

In the course of her work, she has been elected Fellow at King's College London; Fellow of the Royal Historical Society; Scholar in History and Philosophy of Science at the University of Cambridge and Honorary Professor of Humanities and Medicine, Hong Kong University.

Anticipating our interest in her research on the making of *Gray's Anatomy* and on the life and work of the physician-artist who illustrated this classic book, she made these were the subjects of her talks in the Dr. Jivraj Mehta lecture theatre.

The first talk was entitled Gray's Anatomy: the textbook and its connection with Victorian Bombay. She described Dr. Henry Gray's life in brief and focussed on how he conceived of an improvement upon Quain's Anatomy – then the preferred textbook on the subject. The details provided during the talk can also be studied in her book referred to above.

During this talk, she also introduced us to the person who formed the subject of her second talk – Dr. Henry Vandyke Carter and told us of petty-mindedness that prompted Gray to downplay the contribution of Dr. Carter's superb illustrations to the reputation of the completed work.

The lecture entitled Pathophysiology in Victorian Bombay: Henry Vandyke Carter's pathbreaking work at Grant Medical and JJ Hospital dealt with Carter's researches whilst he served as Professor and later Principal of these institutions. She showed illustrations (drawn by Carter himself) from his books (now medical classics) on actinomycosis of the foot and on leprosy and described the significance of his contributions.

The emotional conclusion to her talks was prompted by the fact that she was able to see the colour portrait in the library of the Grant Medical College two days earlier and its sorry state. She pleaded for its restoration and for the recognition in India of Carter's epoch-making researches.

### **You Tube Channel of Dr. Manu V.L. Kothari Chair of Medical Humanities & Division of Medical Humanities**

You Tube Channel of Dr. Manu V. L. Kothari Chair of Medical Humanities & Division of Medical Humanities of Seth G.S. Medical College is inaugurated today. Herewith sent is link to the channel. Similarly enclosed is Quick Response Code of channel. If you have QR scanner app in your mobile phone, kindly scan the QR code to go to the channel directly without any hassle of going to You Tube and then to the specific channel. A beautiful Rangoli was drawn by Mr. Sachin Mahadik with an innovative idea of drawing QR Code in the Rangoli so that students can directly scan the code and see all the programs..like workshops, conferences and interviews of stalwarts conducted under the aegis of Dr. Manu V.L. Kothari Chair.



**Channel link -<https://www.youtube.com/channel/UCgnUGRU1XdhyNyGcv6DFmw>**  
**(Kindly subscribe and press bell icon to get intimation on your e-mail about future programs).**

## Interviews conducted in 2018

1	<b>Dr. F. D. Dastur</b>	Ex.Prof.& Head, Medicine	
2	<b>Ms. Vijaya Naik</b>	Head,MSW Deptt.	
3	<b>Dr. Smt. Snehalata Deshmukh</b>	Ex.Prof.& Head, Pediatric Surgery, Ex.Dean(LTMG) & Ex. Vice Chancellor, Mumbai University	
4	<b>Shubhangi Chavan</b>	Ex.A.O.	

<b>Gosumec Alumni Association</b>			
<b>Dr. MVLK chair of Medical humanities ( January 2018 to December 2018)</b>			
<b>Income in Rupees</b>		<b>Expenses in Rupees</b>	
From donors Fixed Deposit Interest Jan 2018 to Dec 2018	4,99,312.00	Secretarial Assistant Audio visual recording & other misc exp of interview	1,20,000.00 22,000.00
<b>Registration fee</b> ASCENSION 2018	80,500.00	<b>Workshop Expenses</b> -printing, mementoes, travelling,stationary & snacks etc confluence 2018-prizes Expenses for Archieves	79,889.30 22,750.00 14,400.00
Grant received from ICMR	75,000.00	Other Misc. Expenses by cash Ascension Expenses Investment Investment	3,788.00 2,24,951.14 1,00,000.00 67,033.56
<b>Total</b>	<b>6,54,812.00</b>	<b>Total</b>	<b>6,54,812.00</b>